

GRILLED PEACHES WITH VANILLA ICE CREAM

Prep Time: 1 minute

Cook Time: 4 minutes

Total Time: 5 minutes

Yield: Serves 8

Serving Size: 1/2 peach

INGREDIENTS

2 ripe peaches

2 ripe nectarines

canola oil

8 large scoops vanilla ice cream

Honey and sea salt for finishing

INSTRUCTIONS

Heat grill to medium high heat.

Brush the peach and nectarines halves with a touch of with oil and place on the grill for a few minutes and then rotate 90 degrees to continue to cook for about 3-4 minutes total grill marks appear and the fruit starts to caramelize.

Remove from the grill with a pair of tongs and serve with a scoop of ice cream in the center of the fruit. Drizzle with honey and a sprinkle of flaky sea salt.



image source: Whats Gaby Cooking (<https://whats-gabycooking.com/>)