

Kitchen:

- * Wipe down appliances (and sink) inside and out
- * Wash floors, countertops, backsplash, grout, and walls
- * Clean pantry shelf surfaces, organize, and throw out expired foods
- * Wash the garbage can and reorganize cleaning products

Bathrooms:

- * Declutter and toss excess and expired products
- * Scrub tub, shower walls, toilet, floor and countertop
- * Wash curtains, mats, and walls
- * Wipe down faucets, hardware and shower head

Bedrooms:

- * Clean floors, baseboards, windowsills, blinds, curtains, and fan blades
- * Wash bedding and rugs
- * Declutter and organize closets, under-bed storage, and drawers
- * Dust tabletops, alarm clocks, lamps, and electronics

Living Room:

- * Wash windows and doors
- * Clean the floors and ceiling fans
- * Wash blankets, pillows, and cushions
- * Dust tabletops, TV, and other electronics
- * Move and clean underneath furniture
- * Toss excess items like books, magazines, and tattered decor

Office:

- * Clean out and organize file cabinets and storage areas
- * Wipe down desk and office chair
- * Dust computer and other electronics

ETC:

- * Replace air filters
- * Wipe down the washing machine and dryer
- * Clean dryer duct and exterior vent
- * Clean outdoor furniture, patio, deck, and pool
- * Organize garage and play spaces